

Enhancing Life... Through **Epilepsy Education** and Knowledge

Mejorando su vida mediante la Educación y el Conocimiento sobre la **Epilepsia**

Saturday, January 29th, 2011 9:00am - 12:00pm
Jersey City Medical Center, Jersey City, NJ

Approximately 2.5 million Americans have epilepsy. Epilepsy describes a group of disorders characterized by a tendency for recurrent seizures, a short disruption in the brain's electrical activity. Epilepsy is the most prevalent neurological condition in the United States, affecting two to three percent of the population at some point in their life. Medications are effective in controlling most seizures, but surgery and specialized diets also have benefits.

If you or a family member have epilepsy, please join the experts at the Jersey City Medical Center's Epilepsy Center of Excellence to get a better understanding of epilepsy and its treatments.

The event is free, however space is limited. To register and for additional information, call **Lucy Gonzalez, Northeast Regional Epilepsy Group, (201) 343-6676**. For directions to Jersey City Medical Center, visit us at: www.libertyhealth.org

Agenda (English)

8:30am-9:00am

Registration and Continental Breakfast

9:00am-9:05am

Introduction

Evan Fertig, MD
Epileptologist, Northeast Regional Epilepsy Group; Co-Director, Epilepsy Center of Excellence, Jersey City Medical Center

9:05am-9:45am

Advances in the Diagnosis and Treatment of Epilepsy

Evan Fertig, MD

9:45am-10:25am

Treatment for Problems Associated with Epilepsy: Memory, Attention, Depression, Anxiety

Gonzalo Vazquez-Casals, Ph. D.
Neuropsychologist, Northeast Regional Epilepsy Group

10:25am-10:40am

Break

10:40am-11:20am

Living with Epilepsy in New Jersey

Holy Shuart, Epilepsy Resource Coordinator, Epilepsy Foundation of New Jersey

11:20am-12:00pm

Obtaining Social Security Benefits

Bernard L. Shapiro, Esq. and Sandra Canales Legal Assistant
Siegel & Shapiro, P.C.

12:00pm-12:05pm

Conclusion

Evan Fertig, MD

Agenda (Spanish)

8:30am-9:00am

Registro y desayuno continental

9:00am-9:05am

Introducción

Lorna Myers, PhD
Northeast Regional Epilepsy Group; Director of Clinical Neuropsychology; Associate Director of Epilepsy Lifelinks; President, Latino Psychological Association of New Jersey

9:05am-9:45am

Avances en el diagnóstico y tratamiento de la epilepsia

Enrique Feoli, MD
Director of the Northeast Regional Epilepsy Group

9:45am-10:25am

Vivir Con Epilepsia en New Jersey

TBA, La Fundación de Epilepsia en New Jersey

10:25am-10:40am

Break

10:40am-11:20am

Obtención de beneficios del Seguro Social

Bernard L. Shapiro, Esq.
Sandra Canales Legal Assistant
Siegel & Shapiro, P.C.

11:20am-12:00pm

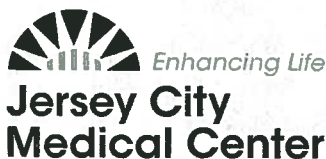
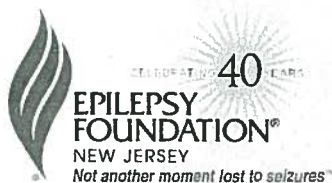
Tratamientos para problemas asociados a la epilepsia: memoria, atención, depresión, ansiedad

Gonzalo Vazquez-Casals, Ph. D.
Neuropsychologist, Northeast Regional Epilepsy Group

12:00pm-12:05pm

Conclusion

Lorna Myers, PhD



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The only hospital in Hudson, Essex, and Union counties to be recognized with the prestigious Magnet Award for Nursing Excellence!

Enhancing Life... Through Preventative Care

This March, in honor of National Colorectal Cancer Awareness Month, the **Madeline Fladini LoRe Foundation for Cancer Prevention** will partner with Jersey City Medical Center to provide:

Free preventative colorectal screenings for qualified individuals over 50 years of age who do not have insurance

If everyone 50 years and older were screened regularly, as many as 60% of the deaths from colorectal cancer would be prevented.

To receive a testing application please call or visit us online at:

(201) 436-1015 | www.MFLFoundation.com



MADELINE FIADINI LORE
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Enhancing Life
**Jersey City
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HEALTH NOTES

JCMC TO OFFER FREE PATIENT SEMINAR

Jersey City Medical Center is hosting a free community educational seminar "Introduction to Weight Loss Surgery" on Wednesday, **March 2** from 6:30 to 8 p.m., at 355 Grand St., Jersey City. Weight loss surgeons at the Medical Center will discuss Lap Band, Roux-en-Y Gastric Bypass and Sleeve Gastrectomy, the three most common weight loss procedures. Questions and answers will follow. Presenting will be surgeons Drs. Hans Schmidt, Amit Trivedi and Douglas Ewing, and bariatric nurse Kathleen Connor. Space is limited. To register, call (201) 646-1121 ext. 202.

Jersey City Medical Center and Safe Kids Hudson County Offer Bike Safety Tips

Published: Tuesday, May 03, 2011,

By Khier Casino/The Jersey Journal The Jersey Journal



Journal file photo Bikers can

get safety tips at the Jersey City Medical Center.

May is Bike Awareness Month and **Jersey City** Medical Center, the lead agency for Safe Kids Hudson County, is offering tips on how to check tires and brakes for safety.

When it comes to safety, tires and brakes may be the most important part of a bike, but wearing a helmet is also essential. No matter what the distance is, JCMC urges parents, caregivers, and children to wear helmet each time they hop on a bike.

"Helmets could prevent an estimated 75 percent of fatal head injuries and up to 45,000 head injuries to children who ride bikes each year," said Marissa Fisher, JCMC trauma nurse and Safe Kids Hudson County coordinator.

Fisher adds, "Sometimes children mistakenly believe that they don't need to wear helmets when they're riding near home."

A helmet should also be labeled to indicate that it meets the standards set by the U.S. Consumer Product Safety Commission.

Parents and caregivers are also reminded to: make sure the helmet fits and is positioned correctly on the head, make sure the helmet is the right size, and teach how to behave properly on a bike.

For more information about bike safety, visit www.safekids.org or www.bikeleague.org.

Great American Smoke Out Event at Jersey City Medical Center



Schools, Community, Employees and their Families are invited



Date: November 16th, 2011

Time: 4pm-7pm

**Location: Jersey City Medical Center
355 Grand Street Jersey City, NJ**

**For information please contact
Jeandelys Fernandez at 201-309-2722**

The American Cancer Society is marking the 36th Great American Smokeout in November by encouraging smokers to use the date to make a plan to quit, or to plan in advance and quit smoking that day. By doing so, smokers will be taking an important step towards a healthier life – one that can lead to reducing cancer risk. Quitting smoking is not easy, but it can be done. To have the best chance of quitting successfully, you need to know what you're up against, what your options are, and where to go.

In support of this Jersey City Medical Center is inviting the Community to participate in the Great American Smoke out Event on November 16th from 4pm-7pm. Also, our Education Department will present "How Smoking Affects your Health"

To have the best chance of quitting successfully, you need to know what you're up against, what your options are, and where to go for help.

Free Health Screenings including:

Blood Pressure

Basic Life Savings Techniques

Medication Counseling

Lung Capacity Tests

Contests:

Poster Contests by

Grammar School Students

Slogan Contests by

High School Students

Participants:

American Cancer Society

American Heart Association

Guest Speakers:

Dr. Victor Marchione,

**Pulmonologist, Director of the
I Quit Program**

**Matt Bars, Smoking Cessation
Counselor**

