



Jersey City Medical Center

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For questions, comments or suggestions regarding the LibertyHealth Employee Portal, please contact Mark Rabson at mrabson@libertyhcs.org or (201) 377-6054, or Eileen Szperka at ESzperka@Libertyhcs.org or (201) 325-6705.

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Internal Announcements

Chanukah/Hanukkah (2010) is Wednesday, December 1st at sundown.

The first night of Chanukah (2010) is Wednesday, December 1st at sundown. Jersey City Medical Center will celebrate with a Menorah lighting at 4:30 PM in the main lobby. (Please gather at 4:15 PM). Rabbi Moshe Shapiro a member of the hospital clerical staff has offered to help us conduct our ceremony. He will supply all necessary material for the ceremony and celebration following. Join our President and CEO Joe Scott, Dr. Kenneth Garay (CMO) and other key members of the administrative team as they wish all of the members of our staff a "Happy Chanukah". This event is open to all employees, visitors, and Medical - Dental Staff and the ceremony/celebration is expected to conclude about 4:45 PM.

What is Hanukkah/Chanukah?

Hanukkah or Chanukah (different regional spelling) is an eight-day Jewish holiday commemorating the rededication of the Holy Temple (the Second Temple) in Jerusalem at the time of the Maccabean Revolt of the 2nd century BCE, Hanukkah is observed for eight nights, starting on the 25th day of Kislev according to the Hebrew calendar, which may occur at any time from late November to late December in the Gregorian calendar. This year it takes place on December 1st.

The festival is observed by the kindling of the lights of a unique candelabrum, the nine-branched Menorah or Hanukiah, one additional light on each night of the holiday, progressing to eight on the final night. The typical Menorah consists of 9 branches. An extra light called a shamash (Hebrew: שמש, "attendant" or "sexton") is also lit each night for the purpose of lighting the others, and is given a distinct location, usually above or below the rest. The "shamash" symbolically supplies light that may be used.



Hanukkah is celebrated by a series of rituals that are performed every day throughout the 8-day holiday, some are family-based and others communal. There are special additions to the daily prayer service, and a section is added to the blessing after meals. Hanukkah is not a "Sabbath-like" holiday, and there is no obligation to refrain from activities that are forbidden on the Sabbath. Adherents go to work as usual, but may leave early in order to be home to kindle the lights at nightfall. Many families exchange gifts each night, and fried foods are eaten.

According to the Talmud, olive oil was needed for the menorah in the Temple, which was required to burn throughout the night every night. But there was only enough oil to burn for one day, yet miraculously, it burned for eight days, the time needed to prepare a fresh supply of oil for the menorah. There is a custom of eating foods fried or baked in oil (preferably olive oil), as the original miracle of the Hanukkah menorah. This small batch of olive oil was only supposed to last one day, and instead it lasted eight.

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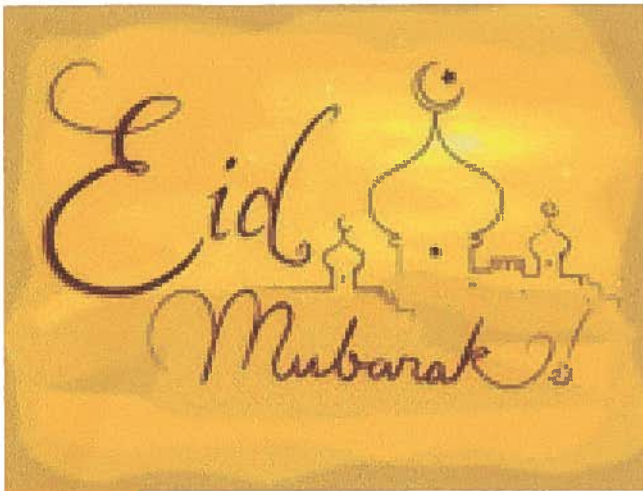
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Photo Galleries

- 2009 LibertyHealth Holiday Party »
- JCMC Holiday Door Decorating Contest »
- 2010 Black History Month Celebration at JCMC »
- Welcome Dr. Snow »
- 225 LibertyHealth Families Attended the Circus »
- Jersey City Magnet Fair »
- Mini Golf Official Results 8/14/2010 Hamilton



Jersey City Medical Center is celebrating the Muslim Festival of EID during lunch on Tuesday, August 21st from 12:15 to 2:00 PM in Conference Room 5 and 6

We invite the staff of JCMC to join our Muslim Physicians, Residents, Nurses, Employees, and Healthcare Professionals at this celebration.

Eid Al-Fitr

marks the end of the holy month of Ramadan, which is the month in which Muslims fast every day from sunrise to sunset. At the end of Ramadan, Muslims throughout the world observe a joyous three-day celebration called *Eid al-Fitr* (the Festival of Fast-Breaking).





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Internal Announcements

Celebrate Cinco de Mayo and Marissa Fisher Jersey City style.....this Thursday

Have you ever participated in a "one block parade"?
Celebrating **Cinco de Mayo** (May 5th)

Honoring one of our own – Marissa Fisher, RN – Department of Surgery/Trauma as the March of Dimes Statewide Nurse of the Year and other Jersey City Celebrities

Lots of fun – Show your support of Marissa and the Medical Center

March with our Jersey City Medical Center contingent
Meet us in the lobby circle at 3:55 PM

- or -

Come directly to Bar Majestic – Across from Jersey City Hall
(On the corner of Grove and Montgomery) at 4 PM

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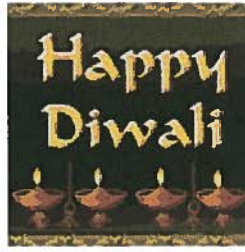
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For additional information please contact
Maureen Corrado (mcorrado@libertyhcs.org)
Or 201 377-6057

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**-Happy Diwali to our employees and staff
of Indian Descent-
Tuesday, November 13, 2012**

Hindus, Jains, Sikhs and some Buddhists, and many others will celebrate the holiday of Diwali. Diwali is the celebration of the festival of lights. Diwali is a time for gathering with family and friends, often marked with good food and dancing. It is also a time for prayer and reflection about those less fortunate.

Many who observe this holiday will light the *Diya*, or lamp, which symbolizes the triumph of light over darkness and knowledge over ignorance.

To those celebrating Diwali, LibertyHealth and the Jersey City Medical Center wish you, your families and loved ones Happy Diwali.



December 26, 2011 – January 1, 2012

Heri za
Kwanzaa

Happy
Kwanzaa



Nguzo Saba

The Seven Principles



Umoja ▲ Unity

To strive for and maintain unity in the family, community, nation and race.

Kujichagulia ▲ Self-Determination

To define ourselves, name ourselves, create for ourselves and speak for ourselves.

Ujima ▲ Collective Work and Responsibility

To build and maintain our community together and make our brother's and sister's problems our problems and to solve them together.

Ujamaa ▲ Cooperative Economics

To build and maintain our own stores, shops and other businesses and to profit from them together.

Nia ▲ Purpose

To make our collective vocation the building and developing of our community in order to restore our people to their traditional greatness.

Kuumba ▲ Creativity

To do always as much as we can, in the way we can, in order to leave our community more beautiful and beneficial than we inherited it.

Imani ▲ Faith

To believe with all our hearts in our people, our parents, our teachers, our leaders and the righteousness and victory of our struggle.

The Mandala Kinanga
Claves of Kwanzaa
© 1982

The year 2011, will see the 46th annual Kwanzaa, the African American holiday celebrated from December 26 to January 1. It is estimated that some 18 million African Americans take part in Kwanzaa.

Kwanzaa is not a religious holiday, nor is it meant to replace Christmas. It was created by Dr. Maulana "Ron" Karenga, a professor of Black Studies, in 1966. At this time of great social change for African Americans, Karenga sought to design a celebration that would honor the values of ancient African cultures and inspire African Americans who were working for progress.

Kwanzaa is based on the year-end harvest festivals that have taken place throughout Africa for thousands of years. The name comes from the Swahili phrase "matunda ya kwanza," which means "first fruits of the harvest."

LibertyHealth
Jersey City Medical Center
Will celebrate
Kwanzaa

Wednesday, December 28th

Noon to 2 PM

In the Liberty Café
Cafeteria Menu

*"Kwanza Chicken" with Red Beans, Tomato Pesto,
and Stewed Tomatoes*

Jollof Rice "Red Rice"

Seasoned Cabbage

Black Eyed Peas

Fried Okra

Sweet Plantains

Holiday Crackers

Apricot Chutney

And other special foods will be on the menu

Traditional attire is encouraged during
this special event.

- A special Kwanzaa menu.
- A vendor table of Kwanzaa Items (for display and or purchase)

Please contact Patra Clark at
201 915-2000 ext 3333 if you want to
perform a poem, song or dance.

Jerri Flemming - Event Chair