



# Hourly Rounding

## The 4 P's

Enhancing Life with Patient Care Excellence

**Pain**



**Position**



**Potty**



**Placement**



**Introduction:** Knock before entering and introduce yourself or your co-worker

**Describe Hourly Rounding:** *"Because we want you to receive very good care, we are going to round **EVERY HOUR from 6am to 10pm and every 2 hours from 10pm to 6am.** We will not wake you if you are sleeping, unless your physician has requested for us to do so. During this time, we will check on your pain, your comfort, and ask if you need to use the bathroom". This will assist with your satisfaction and keep you safe from falls.*

**Use White Boards:** Write your name on the white board. Note the plan or goals for the day

**Before you leave:** Communicate when you will return and close with key words  
*"I will be back in about one hour"*  
*"Is there anything else that I can do for you?"*

### Addressing the 4 P's

#### ... Pain

*"How is your Pain?"*

Medicate patient or schedule during upcoming rounds

#### ... Positioning

*"Are you comfortable?"*

Move up in bed. Re-arrange pillows. Offer extra blankets. Turn patients at high risk for skin breakdown

#### ... Potty (Personal Needs)

*"Do you need to use the bathroom?"*

Assist patient to the bathroom. This will assist with reducing falls

#### ... Placement

Move telephone, call light, trash can, water pitcher, and tissues within reach. Arrange over-bed table. Do an environmental scan for safety