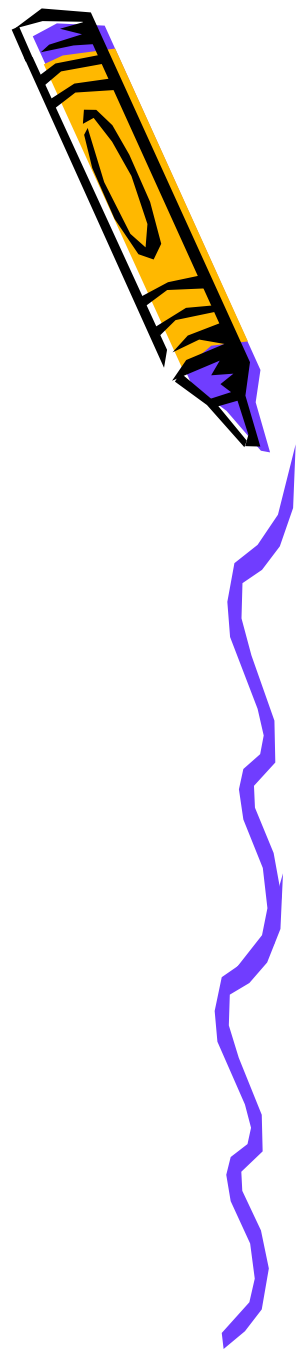
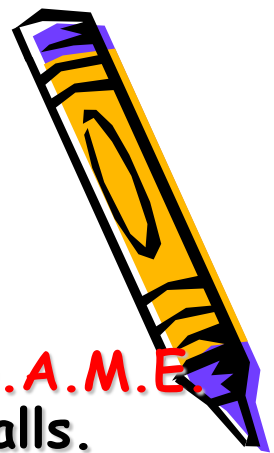


Do Your Part!
Prevent Patient Falls!



What are the nurses doing to prevent falls?



In addition to the Heindrich scale, nurses are using the **D.A.M.E.** tool to aid in capturing more patients at risk for falls.

- **D.** Drugs and Alcohol - polypharmacy
- **A.** Age Related Factors - older than 75
- **M.** Medical Factors - co-morbidities, hx of recent fall
- **E.** Environmental Factors - restraints



What if My Patient Meets D.A.M.E Criteria?



- Place the patient on Falls Precautions:
 - Falls wristband
 - Falls sticker on chart
 - Falling star
 - Etc...
- Document Falls Precautions on nursing flowsheet as per D.A.M.E
- Include D.A.M.E assessment and criteria met in nursing progress note



Interventions in Place for Patients on Falls Risk



- Falls wristband and "Risk for Fall" sticker on the spine of the chart
- Toileting plan every 2 hours while awake
- Use of double-sided, non-skid slippers
- Placement of patients in a room near the nurse's station
- Immediate response to the call bell.
- Rounds every hour
- Placement of a yellow falling star on the doorway
- Q 15 minute safety watch as needed



When Do We Start?

NOW....

- Start including the D.A.M.E assessment in your clinical practice TODAY!!!

