

UNIVERSITY OF MEDICINE AND DENTISTRY OF NEW JERSEY
SCHOOL OF NURSING

CURRICULUM VITAE

MABEL LAFORGIA RN, MSN, CNL, CCRN

Clinical Nurse Leader: Critical Care Division

HOME ADDRESS: 1225 Waterford Drive Edison NJ. 08817

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CITIZENSHIP: US Citizen

UNDERGRADUATE EDUCATION: Bachelor's of Science in Nursing, BSN (2002)
SETON HALL UNIVERSITY- South Orange, New Jersey

GRADUATE EDUCATION: Masters of Science in Nursing, MSN (2008) Clinical Nurse Leader track
UNIVERSITY OF MEDICINE AND DENTISTRY OF NJ – Newark, New Jersey

ACADEMIC APPOINTMENTS:

University of Medicine and Dentistry of N: School of Nursing – Clinical Lab Facilitator
Clinical instructor in the accelerated BSN program

CLINICAL EXPERIENCE:

Jersey City Medical Center – Jersey City, NJ
2008–present

Clinical Nurse Leader, Critical Care Division

- Maintained VAP, CLABSI & CAUTI rates to below NHSN median benchmarks
 - Developed tool to review and evaluate bundle compliance and daily plan of care with bedside nurses
 - Implemented and sustained real time auditing to ascertain sterility during bedside procedures
 - Ongoing evaluation of evidence based practice and successful implementation literature findings such as the use of Chlorhexidine mouth wash and impregnated dressings

- Implementation of Surviving Sepsis Campaign with reduction of mortality from 48% baseline to 26% (2010) and 30% YTD (2011)
 - Developed and reinforced use of evidence based clinical pathways, orders sets, and resuscitation algorithms
 - Implemented “Activation of Team Sepsis” to facilitate transfer to the ICU within 90 minutes
 - Initiated severe sepsis and sepsis screenings of all patient in ED, Critical Care patients and during rapid response calls
 - Monthly evaluations of mortality rates and adherence to developed order sets, nursing pathways, and screening tools

- Established UMDNJ/JCMC Nurse Residency Program
 - In collaboration with UMDNJ School of Nursing and JCMC education department successfully implemented Nurse Residency Program
 - Mentored and educated new nurse residents

- Developed and initiated delirium prevention and treatment in the critical care division
 - Implemented delirium prevention strategies and educated nursing staff
 - Changed the sedation scale from Ramsey to RASS and developed policy
 - Collaborated with medical and nursing staff to initiate Spontaneous awakening and breathing trials are on all critical care patient once a day if patient meets safety screens

- Chair of the Nursing Research Council
 - Developed nursing research guidelines to facilitate nursing research at JCMC
 - Successfully mentored and assisted staff nurses with development of research proposals

- Successfully increased and sustained Rapid Response calls to 25 calls per 1000 discharges as recommended by the Institute of Health Care improvement (IHI)
 - Utilized AHRQ Team Steps training tools and implemented educational sessions for nurses and residents, currently 200 nurses have been educated and efforts are ongoing
 - Monitor and identify failures to rescue and have initiated strategies to reduce them
 - Modified Early Warning System (EWSS) using IHI recommendation and RRT criteria.
 - Implemented EWSS on all medical surgical units for early activation of RRT for patients who are at high risk for deterioration

- Continuously Foster the Magnet philosophy
 - Maintain all initiatives aligned with the Magnet Philosophy
 - Educated staff regarding Magnet Philosophy
 - Contributed to the Magnet document

- Assisted in Reducing CHF readmission
 - Developed CHF Teach Back tool and educated staff on Teach Back Method
 - Developed “Living with CHF” guide for patients and was sponsored by IHI

University of Medicine and Dentistry – Newark NJ
2009 – Present

Per Diem Clinical Instructor for Clinical Lab

- Successfully enhance the experience and knowledge of ABSN students during their clinical lab training
- Educate students using clinical simulation scenarios utilizing high and low fidelity mannequins
- Assist with development of simulation scenarios
- Assist students with meeting skill objective and requirements
- Collaborate with faculty regarding specific skills and needs of students at all levels
- Act as a mentor and resource to students
- Supervise students in laboratory and skills testing and evaluate student progress
- Demonstrate nursing skills and procedures to students, evaluate their progress, and observe return demonstrations from students

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Jersey City Medical Center – Jersey City NJ
3/2005–5/2008

Staff Nurse, Critical Care

- Primary nurse in an adult 16-bed medical/surgical/ level II trauma Intensive Care Unit
- Directly responsible for: admission, assessment, initiation of orders, reevaluation and hemodynamic data interpretation on critical care patients

- Served as a resource and educator for VAP and BSI prevention, Preceptor for new RN's

Saint Michael's Medical Center – Newark NJ

5/2002 – 3/2005

Staff Nurse, Telemetry

- Provided direct patient care to Pre- and Post operative CABG patients
- Provided education to patients and families on disease process, surgical procedure and other aspects of therapeutic regimen including medications, pain management and rehabilitation

LICENSURE:

2002-present Registered Nurse-NJ
 2008-present Clinical Nurse Leader-NJ

CERTIFICATION:

2002-present Basic Life Support (BLS)
 2004-present Advanced Cardiac Life Support (ACLS)
 2006-present ENA Trauma Nursing Core Course (TNCC)
 2008-present CCRN

PROFESSIONAL ORGANIZATIONS:

American Association of Critical Care Nurses: member
 Sigma Theta Tau, Gamma Nu: member

2011 to Present Key Clinical Process: Report clinical initiative progress to the Chief Nursing Officer and Vice President Chairman of Medical Services
 2010 to Present Policy Committee

HONOR AND AWARDS

2002 – Present Sigma Theta Tau International, Gamma Nu, Honor Society of Nursing
 2008-2010 NJHA Institute for Quality & Patient Safety: Recognized for participation in the collaborative to improve quality of care and patient safety in the ICU

COMMITTEES:

2006 to Present Chair of Nursing Research Council
 2006 to Present: ICU Collaborative
 2008 to Present Chair of Nursing Research Council
 2008 to Present Co-Chair of the Rapid Response & Code Blue Committee
 2008 to Present Magnet Committee
 2009 to Present Critical Care Committee

2011 ONE/NJ Research Day (Princeton, NJ)

Title: Modification and trial of a nurse-driven insulin infusion protocol for medical and surgical intensive care unit

Poster Presentation

JCMC Nursing Grand Rounds Presentations:

2010 Reducing CHF Readmissions

2011 Implementing EBP at JCMC

2011 Critical Care Course Presentations

Septic Shock & Early Goal-Directed Therapy Lecture

Nursing Management of Intra-Cranial Pressure

2011 Jersey City Medical Center Magnet Fair

Early Warning Scoring System

Rapid Response poster presentation

2011 Jersey City Medical Center Quality and Safety Expo

Early Warning Scoring System, Rapid Response

Ventilator Associated Pneumonia

CLABSI

Sepsis

Quality and Safety Nursing Council Poster Presentations

CONTINUING EDUCATION:

2009 – 2011

2009 Emergency Management Institute FEMA independent

2009 ICU collaborative- Learning Session IV

2009 Evidence Based Practice: Application and Integration into Clinical practice

2010 AACN Trends in Trauma and Cardiovascular nursing

2010 Trauma conference: seizures and Epilepsy Post-TBI

2010 Nursing Research: Improving Quality at the Bedside

2010 CCRN Review Course

2010 CCRN Review Course with Laura Gasparis-Vonfrolio

2011 Septic Shock and Early Goal Directed Therapy lecture
Study

2011 Fluid Management of critically ill patients

2011 Preoperative fluid management does it improve outcomes

2011 Management of pain in critical care settings